

Resources for Anti-Racism Development Developed by Tobias Spanier, University of Minnesota Center for Community Vitality (8-16-20)

As you begin or continue your journey to becoming an anti-racist these educational resources are meant to build awareness, educate, support analysis and encourage action. The list of anti-racism materials in the form of books, articles, bog posts, videos, lectures, workshops, podcast, or more is endless. There is no one resource that is the right way to lead you on your journey. The destination is the same regardless – which is for you to be anti-racist.

The resource list below is structured in a self-guided anti-racism education platform inspired by L. Glenise Pike, founder of *Where Change Started* and the Helms’ White Racial Identity Development Model. Reflect on the different stages of becoming anti-racist and then explore the resources found at each stage to progress on your own journey. *The impact you have on yourself will be the impact you have on the world.*

Stage of Development	Resources	What to do next?
<p>Stage One – Awareness In this stage we begin to realize that racism does exist. Guilt, defensiveness and shame may keep us from engaging in dialogues about race and racism. At this stage you may feel eager to engage in community action type work to immediately want to “do something” because social justice minded people are a people of action. The immediate work begins with YOU.</p>	<p>Racial Bias Test (Harvard) -- this will help you understand what your biases might be</p> <p>Short article by Jeremy Dowsett: https://qz.com/257474/what-riding-my-bike-has-taught-me-about-white-privilege/</p> <p>Short Article by Aradhna Krishna, University of Michigan: https://spokesman-recorder.com/2020/07/27/how-did-white-become-a-metaphor-for-all-things-good/?utm_source=feedly&utm_medium=rss&utm_campaign=how-did-white-become-a-metaphor-for-all-things-good</p> <p>Antiracist defined with a diagram – Helpful definitions form the first chapter of Ibran X. Kendi’s book How to Be an Antiracist: https://www.youtube.com/watch?v=jGer5ZQBLWl&feature=youtu.be</p> <p>"Why Are White People So Bad at Talking About Race?" - short video summarizing the book by Robin DiAngelo</p> <p>The Antiracism Starter Kit by L. Glenise Pike: https://static1.squarespace.com/static/5b21b436f8370a84045a7256/t/5dfa5d9ccda8467a3e891749/1576689054017/Antiracism+Starter+Kit.pdf</p>	<p>Don’t let guilt, defensiveness or shame stop you from having dialogues about race.</p> <p>Find some way to begin your educational journey around race. Attend a training, join a book club, etc.</p> <p>Reject the desire to ask Black folks, Indigenous folks or people of color (BIPOC) to explain racism for you. Instead, find resources created by BIPOC to help educate yourself.</p>

<p>Stage Two – Education</p> <p>The education stage of anti-racism is where you become a student and begin to study history, present day manifestations of racism, and the terms and concepts that go along with them.</p>	<p>Allegories on race and racism with Camara Jones: https://www.youtube.com/watch?v=GNhcY6fTyBM&feature=youtu.be&fbclid=IwAR0WQWKZ7z5RkHICSTCuf39gKYgxJa3F3uwUGsh7HRhssTkcuLfzWSd76ks</p> <p>(Book) A Good Time for the Truth: Race in Minnesota by Shin, Sun Yung, ed. Lots of painful and important stories from writers of color in our own state.</p> <p>MPR Podcast Series on Seeing White: https://www.sceneonradio.org/seeing-white/</p> <p>Uncomfortable Conversations with a Black Man by Emmanuel Acho: https://uncomfortableconvos.com/watch</p> <p>Institutionalized Racism: A Syllabus: https://daily.jstor.org/institutionalized-racism-a-syllabus/</p>	<p>Keep working to grow your knowledge.</p> <p>Begin to have difficult conversations with white friends and family about racism and inequity.</p> <p>Share what you are learning with others.</p>
<p>Stage Three – Self Interrogation</p> <p>This is the real “self-work” of anti-racism. It is in this stage of anti-racism where you begin to take what you’ve learned above and deeply interrogate the ways in which you continue to perpetuate the systems that maintain the imbalance of power that allowed those inequalities and injustices to happen.</p>	<p>White Awake: An honest look to what it means to be white. Conversation with Daniel Hill, author of White Awake https://www.youtube.com/watch?v=DNkE5kNnIDQ</p> <p>link to website. A collection of articles that "explore our potential to reduce prejudice in society and in ourselves" including sections on The psychological roots of racism, How to overcome bias in yourself, Confronting racism, Reducing bias in criminal justice, Building bridges, Resources for parents, Resources for educators, and more</p> <p>Resources for White People to Learn and Talk About Race and Racism: https://blog.fracturedatlas.org/resources-for-white-people-to-learn-and-talk-about-race-and-racism-5b207fff4fc7</p> <p>(Book) How to be An Antiracist by Ibram X. Kendi</p> <p>Summary of Stages of Racial Identity Development: https://blog.fracturedatlas.org/resources-for-white-people-to-learn-and-talk-about-race-and-racism-5b207fff4fc7</p>	<p>Begin to journal about your early experiences around race and racial conversations.</p> <p>Have honest conversations with white and BIPOC about your inherited racial biases.</p> <p>Recognize and accept your discomfort in conversations about race.</p>

<p>Stage Four – Community Action</p> <p>In the community action stage of becoming anti-racist, you will begin to navigate spaces as an anti-racist. You take what you’ve learned about yourself and put it out into the world to an attempt to lead others into this world by example and where you begin taking part in restorative efforts that perpetuate a system of racial equality.</p>	<p>Building a Multi-Ethnic Inclusive & Antiracist Organization https://www.safehousealliance.org/wp-content/uploads/2012/10/Tools-for-Liberation-Packet-SPAN.pdf</p> <p>100 Things White People Can Do for Racial Justice: https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234</p> <p>(Book) Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race by Derald Wing Sue</p> <p>Advancing Racial Equity and Transforming Government A Resource Guide to Put Ideas into Action by Government Alliance on Race & Equity (GARE) https://www.racialequityalliance.org/wp-content/uploads/2015/02/GARE-Resource_Guide.pdf</p>	<p>Find out what racial disparities exist in your community, state, country.</p> <p>Begin to think about how you might use your privilege to support anti-racist work and organizations.</p>
--	--	--

Add book list of other titles / scaffolded

Other articles, podcasts, movies etc. (see list from goodgood.org)