

Kids First Conference

Prairie Five Head Start

422 5th Avenue - PO Box 166

Madison, MN 56256



PLEASE JOIN US AT THIS YEAR'S



Prairie's Edge
Casino Resort
Granite Falls, MN

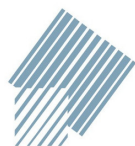
Friday, March 1st and Saturday March 2nd



Brought to you by:



Additional Support from:



SOUTHWEST INITIATIVE
FOUNDATION



And the Head Start Programs at:
Prairie Five Community Action
Southwestern MN Opportunity Council



Registration

Name _____

MNCPD/Develop Individual ID# _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

Email _____

Please check all that apply

_____ Head Start _____ Family Child Care

_____ Foster Care _____ ECFE/ECSE

_____ Center _____ Other _____

_____ I am attending Friday Only (\$40)

_____ I am attending Saturday Only (\$40)

_____ I am attending both Friday & Saturday (\$65)

_____ I am attending the free Friday night session

Choose 1 of the following options if
attending Friday night's session.

☐ SUID/AHT or

☐ CCNI's Annual Training

Total payment amount enclosed \$ _____

Circle method of payment: Cash Check Credit Card

Card# (Visa or MasterCard only) _____

CVV _____ Expiration Date _____

Signature _____

Mail payment along with this form to:

Prairie Five Head Start

422 5th Avenue – PO Box 166

Madison, MN 56256

To ensure your spot registration must be postmarked by
February 20, 2019

Optional Friday Night Event (FREE)

CCNI's Annual Nutrition & CACFP Training

Do you know how much food you are really serving? Portion sizes have increased dramatically in the United States over the last two or three decades. We are constantly visually bombarded with over-sized portions. This makes it incredibly difficult for most people to identify a correct serving size with visuals alone. We will explore what portion distortion is, how it relates to the USDA's Child and Adult Care Food Program (CACFP) recently updated meal pattern requirements, and how this could affect your serving style in your daycare. In addition we will provide further guidance on all mandatory CACFP participation requirements. [KCF II.C](#)

SUID/AHT - Nancy Berndt

This class meets the DHS licensing training requirements for both Sudden Unexpected Infant Death (SUID) as well as symptoms and consequences of abusive head trauma. [KCF II.B](#)

Current Building Construction

Prairie's Edge Convention Center is currently under construction. Please park in the front parking lot and enter Casino Entrance doors. Walk through the casino to the Convention Center, where you will find the registration table and vendors.



Friday Schedule

7:15-8:15 Registration, light breakfast, shopping

8:15-8:30 Welcome

8:30-10:00 Session 1

10:00-10:15 Break

10:15-11:45 Session 1 continued

11:45-12:30 Lunch & shopping

12:30-2:00 Session 2

2:00-2:15 Break

2:15-3:45 Session 2 continued

Friday Evening (Free & Optional)

6:00-7:00 Registration, appetizers, shopping

7:00-9:00 SUID/AHT or CCNI's Training

Saturday Schedule

7:15-8:15 Registration, light breakfast, shopping

8:15 Welcome

Saturday will include 4 sessions of training.

There will be a 15 minute break in the morning and in the afternoon. During the afternoon break be sure to check with the registration table to see if you're a door prize winner!

Lunch will begin at roughly 11:45am and you will be provided with enough time to eat and shop vendors.

3:45 Training Sessions Conclude



Friday's Keynote Speaker Peter Gray

Peter Gray is a research professor of psychology at Boston College who has conducted and published research in neuroendocrinology, developmental psychology, anthropology, and education. He is author of an internationally acclaimed introductory psychology textbook (Psychology, Worth Publishers, now in its 8th edition), which views all of psychology from an evolutionary perspective. His recent research focuses on the role of play in human evolution and how children educate themselves, through play and exploration, when they are free to do so. He has expanded on these ideas in his book, *Free to Learn: Why Unleashing the Instinct to Play Will Make Our Children Happier, More Self-Reliant, and Better Students for Life* (Basic Books). He also authors a regular blog called *Freedom to Learn*, for Psychology Today magazine. He is a founding member and president of the nonprofit Alliance for Self-Directed Education (ASDE), which is aimed at creating a world in which children's natural ways of learning are facilitated rather than suppressed. He is also a founding board director of the nonprofit Let Grow, the mission of which is to renew children's freedom to play and explore outdoors, independently of adults. He earned his undergraduate degree at Columbia College and Ph.D. in biological sciences at the Rockefeller University many years ago. His own current play includes kayaking, bicycling, backwoods skiing, and vegetable gardening.



Conference Details

Lodging

Rooms are available at Prairie's Edge Casino Resort
1-866-293-2121

Rates are as follows and do not include tax

Thursday: \$75.00 Friday: \$80.00 Saturday: \$100.00

To receive the above rates be sure to provide the group name when making your reservation:

Group Name: Kids First Early Childhood

The cut-off date for the group reservation rates is:

February 7, 2019.

Check in is at 3PM (not guaranteed)

Check out is at 11AM

Lunch Menus

Both Friday and Saturday morning will feature a light breakfast. There will be appetizers Friday night.

Friday Lunch: Pasta Primavera. Linguine noodles, carrots, zucchini, yellow squash, onions, red and yellow bell pepper, cherry tomatoes, Alfredo sauce, and a bread stick.

Saturday Lunch: Herb roasted chicken, baked potato, and chef's vegetable blend.

Questions

For questions related to this event please feel free to contact Marge Knudson at marge.knudson@prairiefive.org or send us a message on Facebook!



Conference Details

MN Develop Approved Trainings!

All sessions have been approved through Achieve Minnesota Center for Professional Development.

Training Hours & Certificates

Conference staff will add your sessions to your learning record using your Develop ID. Certificates will not be provided.

Registration

\$40.00 for one day or

\$65.00 for both Friday and Saturday

Cancellations and Refunds

Cancellation requests must be in writing and postmarked by February 20, 2019. A processing fee of \$15.00 will be deducted from all refunds. No-Shows will not be provided a refund.

Mail or fax cancellation requests to:

Prairie Five Head Start

422 5th Avenue Box 166

Madison, MN 56256

Fax: 1-844-273-2299

Visit & "Like" our Facebook page for vendor information and other important updates!

<https://www.facebook.com/kidsfirstconference/>

Friday's Training Sessions

Session 1: What Exactly is Play, and Why Is It Such a Powerful Vehicle for Learning?

"Play" is a word that we use commonly to refer to children's preferred activities and to some adult activities. But what, really, is play? In this talk I will define play as activity that is (1) self-chosen and self-directed; (2) motivated by means more than ends; (3) guided by mental rules; (4) includes a strong element of imagination; and (5) is conducted in an alert, active, but relatively non-stressed frame of mind. I will show how each of these characteristics contributes to play's educational and developmental value. I will explain why play came about, in natural selection, to promote children's healthy physical, intellectual, social, moral, and emotional growth and will describe the psychological detriments that have accompanied the decline of play in recent decades. [KCF II.C](#)

Session 2: Play Deficit Disorder: A Worldwide Crisis and How to Solve It Locally.

Research in the United States and in various other nations has revealed a dramatic decline in children's free play—especially their free outdoor play—over the past several decades. This decline in play has been accompanied by dramatic increases in childhood depression and anxiety and, according to some research, a decline in empathy and in creativity. In this talk I will present the logic and evidence behind my claim that the decline in free play is a, if not the, major cause of these deleterious effects on children's and emerging adults' emotional, social, and intellectual well being. I will also suggest possible ways by which families, neighborhoods, and communities can restore children's opportunities for free play. [KCF II.C](#)



Saturday's Keynote Speaker Lisa Murphy

Lisa Murphy, M.Ed., Early Childhood Specialist

Founder and CEO of Ooey Gooley, Inc.

Lisa Murphy has been in the field of early childhood education for 30 years; she is the oldest of five, grew up in a family child care home and eventually moved from being the neighborhood babysitter while in high school to being a nanny for many families while attending college. She has spent most of her adult/professional life teaching and working with children in various environments including Head Start, kindergarten, private preschools, family childcare, park and rec centers, group homes and many child care centers.

Lisa is the founder and CEO of Ooey Gooley, Inc. where her mission is to assist in the transformation of the industry of early childhood education by offering 1) the best workshops and trainings; 2) the most up to date materials and resources; and 3) insightful conversations and connections through the power of social media. Lisa presents hundreds of workshops each year to both domestic and international audiences on various topics related to early childhood education. Lisa has an M.Ed. (2013) in early childhood education from Champlain College in Vermont. She has authored four books, (the fifth is in-press), produced dozens of teacher training DVD's and is a popular keynote speaker at educational conferences. Her standing room only seminars have become nationally known for their information, humor, inspiration and energetic delivery. Frequently asked if she has ever been a stand up comic, Lisa practices what she preaches by blending the learning with the laughing. Lisa is known for her ability to link hands on activities to educational standards, her outspoken advocacy, and her commitment to creating child-centered, play-based early childhood environments. Her understanding of the importance of play is obvious in her personal and professional life. Lisa grew up in California but has lived all over the USA. If you ask her where she lives now, she'll say that her mail currently still goes to Western New York, but she spends more time running through airports! Usually O'Hare. When she's not on the road doing gigs you can find her trail running, reading or cooking up a storm and posting foodie pics on Instagram. She thanks you for bringing her to your event today!

Saturday's Training Sessions

Session 1: WHAT IF TODAY WAS THEIR ONLY DAY?

In this motivational keynote address Lisa shares the powerful story of her first day of school. Through active and engaging storytelling Lisa brings you back to her first day, taking you on a grand tour of Miss Mary's Nursery School. And, in the style she has become famous for, she shares many observations, lessons and anecdotes about how early childhood has changed along the way. Lisa will share the sights sounds and smells of the place where, at the young age of three, she decided to become a teacher and identifies the how, and why, that one day solidified her decision to become an educator. This inspiring keynote gets participants back in touch with their personal how and why. It gets them excited and gets them thinking: If it WAS their only day, what will they remember? [KCF II.C](#)

Session 2: IDENTIFYING AND CREATING CHILD CENTERED ENVIRONMENTS

This workshop provides an in-depth exploration of the 9 points within the framework of Lisa Murphy's approach to working with children. Via interactive lecture, true-to-life examples, anecdotes and her signature "learning and laughing" style, this workshop presents what it really means to be a hands-on, play-based, child-centered program. [KCF II.E](#)

Session 3: LET'S GO OUTSIDE! Outdoor Time is NOT Wasted Time
Time permitting, this session begins with participants taking a walk-about that facilitates individual reflection on their own outdoor play experience.

Following a discussion of their reactions and responses, Lisa shares a power point slide show of outdoor play experiences and activities that can be implemented immediately in both family childcare and center based settings. Best of all, they are activities that use materials you probably already have in the garage or the shed! And in her usual engaging style, Lisa uses the pictures as springboards for discussions about issues related to outdoor play in our culture. [KCF II.A](#)

Session 4: CREATIVE ART WITH YOUNG CHILDREN! Art is not a receipt for childcare!

No more dittos! No more patterns! No more cut out art! In this workshop Lisa will defend a very strong process oriented art position. After a discussion about what "process not product" really means, participants will have time to create with various media in order to reinforce the importance of open-ended creative experiences instead of "cookie-cutter" craptivity projects. [KCF II.D](#)